

State Line Eye Care Center, P.C.  
816-444-2900  
Cass County Eye Care Center  
816-322-6100  
Brookside Eye Care Center  
816-333-8600

## **CONTACT LENS POLICY**

Advancements in contact lens technology offer the potential of successful contact lens wear to most of our patients. A contact lens is a medical device in contact with your eye, unlike glasses. Therefore, a good fit is essential to maintain eye health. A contact lens prescription entails careful observation of the lens on the eye and the eye's response to the lens on follow up visits. Since follow up care is essential, it is your responsibility to keep all appointments and follow lens care instructions.

### **The Comprehensive Eye Exam**

Before a patient can be fitted with contact lenses, a complete medical and refractive eye exam is necessary. This exam ensures the good health of your eyes and to rule out the possibility of underlying conditions that may prevent contact lens use.

### **Contact Lens Fitting**

A contact lens service is a separate part of the comprehensive eye exam. It is also separate from a spectacle prescription. Additional testing that requires more of the doctor's time and expertise is needed for contact lens wearers.

The goal of contact lens fitting is to find the most appropriate contact lens for each patient's optimal vision and comfort. There are many different types of contact lens available, coming in a variety of materials and sizes. We are committed to taking the time and effort to fit your contact lenses properly. Your contact lens prescription will include the power of the lenses, the type of lenses, the curvature, and any other information determined by the doctor to be necessary for a proper fit. Although some patients may require only one fitting session, others may need to return several times and try several different lenses. All patients being fitted for contact lenses for the first time must go through the fitting process. We will not finalize the contact lens prescription until both the doctor and patient are satisfied with the fit and vision the lens delivers. Trial lenses are included in the fitting fees. Any patients who are changing lens types must also have a fitting. A contact lens fitting does not have to be performed on the day of the comprehensive eye exam and can be done on another day.

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## **Contact Lens Training Session**

Patients who are new to contact lens wear will be provided with personalized instruction concerning the safe care and usage of contact lenses. If additional time is needed, it will be necessary to schedule a second 30 minute training session at a different time. Upon successful insertion and removal, the patient may take the trial lenses home and begin wearing them. Follow up is generally scheduled in 1-2 weeks.

## **Follow up appointments**

Follow up appointments assure that the lenses are fitting and moving well and the prescription is providing the best possible vision. Occasionally, the eye will react badly to wearing a contact lens over time. If this happens, a different lens may need to be fitted or, rarely, it may be necessary to discontinue contact lens wear. Follow up visits also check for such reactions that can potentially cause long term eye problems if not diagnosed. There is no charge for follow up appointments after a contact lens service for the first 90 days.

## **Annual Contact Lens Exam**

By law, a contact lens prescription is valid for only one year. All patients are required to come in for an annual contact lens exam. This is necessary to assure that the patient's eyes are healthy and that the contacts are still fitting well. Contact lens prescriptions cannot be refilled without an annual exam. If your contacts have been provided by another office, we must have a copy of that prescription before your exam in this office. Please also bring the contacts with you. If not, we will consider it a new fit, and additional costs will apply. Contact lens exams have a separate charge that is NOT included in your medical exam.

Contact lens services have different levels of difficulty depending on the type of contact lenses needed.

## **There are five basic levels of service**

- 1.) Contact Lens Yearly Evaluation: applies to existing patients renewing their existing prescription \$20.00 for basic spherical lenses and \$30.00 for more complex lenses (toric, multifocal, monofit).
- 2.) Basic refit: Applies to existing patients requiring minor changes or to new patients updating their existing contact lens parameters. \$35.00
- 3.) Intermediate refit: Applies to existing and new patients with a more complex contact lens design, such as a toric, bifocal or RGP:\$50.00 – \$150.00
- 4.) New Basic Fit: Applies to new contact lens wearers, new or existing patients, who need a simple, spherical soft lens: \$75.00
- 5.) New Advanced Fit: Applies to new contact lens wearers, new or existing patients, who need a complex lens, such as a toric (lens with astigmatism correction, bifocal, or RGP) \$125.00-\$200.00

**Contact Lens Policy**

I have read and understand the State Line, Cass County and Brookside Eye Care Centers contact lens policy.

\_\_\_\_\_  
Patient printed name

\_\_\_\_\_  
Patient signature

Date: \_\_\_\_\_

Chart# \_\_\_\_\_